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**Selected Articles from LPFT’s Print Journals:**

### Alcohol and substance abuse

None this month

### Bereavement

**Conceptualising bereavement on profound and multiple learning disabilities**

The purpose of this article is to make sense bereavement and loss with profound and multiple learning disabilities with reference to theoretical contributions and real world studies.

Young, H

Tizard Learning Disability Review 21 (4) 186-198 (82 references)

**Supporting people with learning disabilities through a bereavement**

There is a lack of clarity of what constitutes as “normal or “complicated” grief this client group. This article identifies the factors that complicates grief and considers interventions that would be beneficial.

Blackman, N

Tizard Learning Disability Review 21 (4) 199-202 (17 references)

**Bereavement through drugs and alcohol**

This article looks at the experience that those who have lost a friend or relative through drugs and alcohol and draws out the common elements in bereavement.

Lawton, H et al

Bereavement Care 35 (2) 49-51 (3 references)

**Making sense of loss and grief: the value of in-depth assessments**

Research in a community-based bereavement support service has revealed that an assessment session, which focuses on meaning making mitigates the need for ongoing profession intervention.

Wilson, J et al

Bereavement Care 35 (2) 67-77 (40 references)

### Child and Adolescent Issues

**Analysis of trends in adolescent suicides and accidental deaths in England and Wales, 1972-2011**

Previous analyses of adolescent suicides in England and Wales have focused on short time periods. Time trend analysis of rates of suicides and deaths from accidental poisoning and hanging in 10-19 year old by age, gender and deprivation.


Redmore J et al

BJPsych 209 (4) 327-333 (42 references)

**Interventions for self-harm in children and adolescents**

Hawton et al

BJPsych Advances 22(5) 286
And Commentary:

**Do interventions reduce the risk of repeat self-harm or suicide in young people?**
Howson S, Huline-Dickens S
BJPsych Advances 22(5) 287-291

**Anxiety disorders in children and adolescents: aetiology, diagnosis and treatment**
Vallance A, Fernandez V
BJPsych Advances 22 (5) 335-344

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**Dementia and Alzheimer’s disease**

**Unexpected happenings: a relationship-centres and active Swedish care home for people with dementia**
Hurtley R
BJHCA 10(10) 492-496

**Training programmes for family caregivers of people with dementia living at home: integrative review**
Sousa et al
Journal of Clinical Nursing 25 (19 & 20) 2757-2767

**Best practice in caring for adults with dementia and learning disabilities.**
Strydon, A et al
Nursing Standard 31 (6) 42-51 (97 references)

**Dementia and delirium: cause for concern**
Delirium prevention should be key to a person-centred approach. This article explains its causes. And predisposing factors, the types of delirium and how it can be managed.
Biernacki, C
Nursing Standard 31 (6) 28-31 (7 references)

**Shame: a risky emotion in dementia care**
Shame is a significant but under-acknowledged emotion in care work – it warrants investigation and understanding if we are to improve the quality of care for dementia suffers
Clough, M
Nursing Standard 31 (6) 32-34 (9 references)

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**Depression**

**Social support and protection from depression: systematic review of current findings in Western countries**
Numerous studies report an association between social support and protection from depression but no systematic review or meta-analysis exists on this topic.
Gariepy G et al
BJPsych 209 (4) 284-293 (128 references)

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**Disorders and Syndromes**

**Thinking that one's life was in danger: perceived life threat in individuals directly or indirectly exposed to terror.**
Perceived life threat is associated with Post-traumatic Stress Disorder (PTSD). Still,
it is not known whether perceived threat may be important for PTSD in people exposed to trauma.
Heir, Tet al
BJPsych 209 (4) 306-310 (38 references)

**Tomorrow’s world: current developments in the therapeutic use of technology for psychosis**
Recently there have been significant developments in the therapeutic use of computers, mobile phones, gaming and virtual reality technologies for the assessment and treatment of psychosis
O’Hanlon P et al
BJPsych Advances 22 (5) 301-310
And commentary:
**Mind the gap**
Research into the use of digital technology to delivery treatment for psychosis is turning up some fascinating applications, but enthusiasm for these products must be tempered with a realistic appraisal of the steps from initial proof of concept to a marketable device
Craig, T
BJPsych Advances 22 (5) 311-312

**LGBT issues**

None this month

**Intellectual Disabilities**

**Critical literature review: effectiveness of individual psychodynamic psychotherapy for adults with intellectual disabilities**
McInnis E
Advances in Mental Health & Intellectual Disabilities 10 (4) 233-247 (90 references)

**Staff ability to carry out behavioural strategies for individuals with intellectual disabilities and challenging behaviours**
Klaver M et al
Advances in Mental Health & Intellectual Disabilities 10 (4) 248-257 (51 references)

**Miscellaneous**

**A work-based learning approach for clinical support workers on mental health inpatient wards**
Kemp P et al
Nursing Standard 31 (3) 48-55

**The power of relationships in bringing hope to patients in difficult times. Part 1/2**
Star Wards is a charit that provides practical ideas and inspiring examples of mental health best care practice, from and for mental health care staff within inpatient settings. Its overall objective is to support staff in enabling patients to make the most of their time away from their usual lives.
Higham N
BJHCA 10 (10) 497-501

**Language in psychiatry: a bedevilling dictionary**
The language of psychiatry can be ambiguous and idiosyncratic reflecting the elastic borders of mental illness and psychiatric disorder. Deciding what words mean and how psychiatric disorders are defined requires ongoing consideration of the pragmatic consequences, both intended and unintended.

Pierre J, Frances A
BJPsych Advances 22 (5) 313-315

**Professional**

**A survey of consultant psychiatrists in intellectual disability based in England**
The purpose of this paper is to carry out a survey in order to gain a better understanding of the current state of ID community services
Guinn A et al
Advances in Mental Health & Intellectual Disabilities 10 (4) 258-270 (30 references)

**A road map for mental health**
No-one argues with the Five Year Forward View's plan to give mental health equal status with physical health. Implementing it could be an exciting challenge for mental health nurses – as long as they can be persuaded to stay in the profession
Moore S
Nursing Standard 31 (4) 18-20

**Schizophrenia**

None this month

**Self-harm and Suicide**

**The futility of risk prediction in psychiatry**
Significant efforts have been made to identify risk factors associated with suicide. However the evidence suggests that risk categorisation may be of limited value, or worse, potentially harmful, confusing clinical thinking. We argue instead for a shift in focus towards real engagement with the individual patient, their specific problems and circumstances.
Mulder R et al
BJPsych 209 (4) 271-272 (8 references)

**Predicting suicide following self-harm: systematic review of risk factors and risk scales**
Chan M et al
BJPsych 209 (4) 277-283 (50 references)

**Mental health services, suicide and 7 day working**
Patients admitted to hospital at the weekend appear to be at increased risk of death, compared with those admitted at other times. However, a 'weekend effect' has rarely been explored in mental health and there may also be other times of year when patients are vulnerable.
Kapur N et al
BJPsych 209 (4) 334-339 (32 references)

**Non-suicidal self-injury: clinical presentation, assessment and management**
Suicide prevention: creating a safer culture
This is an editorial looking at 2 reports that were published on suicide prevention. Lancet388 (10055) 1955 (4 references)

Therapies

Eye movement desensitisation and reprocessing therapy v. stabilisation as usual for refugees: randomised controlled trial
EMDR is a first-line treatment for adults with PTSD. Some clinicians argue that with refugees, directly targeting traumatic memories through EMDR may be harmful or ineffective.
Mooren T et al
BJPsych 209 (4) 311-318 (40 references)