Mental Health Current Articles Bulletin
February 2017

Please see below for recent articles found in our print journal collection that may be of interest:

- Alcohol and Substance Abuse
- Bereavement
- Child and Adolescent Issues
- Dementia and Alzheimer’s Disease
- Depression
- Disorders
- Drugs and Prescribing
- Learning Disabilities
- LGBTQ+
- Miscellaneous
- Professional
- Schizophrenia
- Self-harm and Suicide
- Therapies

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- Alcohol and Drug Recovery
- CAMHS
- Dementia
- Eating Disorders
- Learning Disability
- Neuropsychiatric Disorders
- Personality Disorders
- Forensic Mental Health

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## Alcohol and Substance Abuse

### Why we need to rethink brief interventions for alcohol in general practice
*Jim McCambridge and Richard Saitz question the effectiveness of brief advice and counselling in primary care to prevent harm from heavy alcohol use and call for a more strategic approach.*

McCambridge, J et al
BMJ 356 (8091) 192-194

### EMDR interventions in addiction
*The article gives an overview of all resourcing and EMDR therapy interventions in treating addiction and also recommends further research in the field.*

Marku, W et al
Journal of EMDR Practice and Research 11 (1) 3-29

### EMDR therapy reduces intense treatment-resistant cravings in the case of Gamma-Hydroxybutyric Acid addiction

Qurishi, R et al
Journal of EMDR Practice and Research 11 (1) 30-42

### Bereavement

None this month

### Child and Adolescent Issues

### Association of timing of menarche with depressive symptoms and depression in adolescence: Mendelian randomisation study
*Observational studies report associations between early menarche and higher levels of depressive symptoms and depression. The results provide evidence for a causal effect of age at menarche on depressive symptoms at age 14.*

Sequeira M et al
BJPsych 210 (1) 39-46

### Cognitive therapy effective in early treatment for children with PTSD

Nursing Standard 31 (21) 16

### Anorexia Nervosa and EMDR: a clinical case
*This article follows the clinical case of a 17-year-old who undergoes EMDR treatment.*

Zaccagnino, M et al
Dementia and Alzheimer’s Disease

Adaptive working memory strategy training in early Alzheimer’s disease: randomised controlled trial
*Interventions that improve cognitive function in Alzheimer’s disease are urgently required. Chunking based cognitive training is a simple and potentially scalable intervention to improve cognitive function in early Alzheimer’s disease.*
Huntley J et al
BJPsych 210 (1) 61-66

Using drawings as a reflective tool to enhance communication in dementia care
*This article explores how drawings can be used to help carers to reflect on what is communicated and question any hidden assumptions.*
McEvoy P, Bellas S
Nursing Standard 31 (19) 46-52

Living near major roads and the incidence of dementia, Parkinson’s disease, and multiple sclerosis: a population-based cohort study
*The aim is to investigate the association between proximity to major roadways and the incidence of these diseases in Ontario, Canada*
Chen, H et al
Lancet 389 (10070) 718-726

Living close to heavy traffic roads, air pollution and dementia
*This is a comment on the previous article by Chen et al.*
Cadererion-Garciduerias, L et al
Lancet 389 (10070) 675-677

Depression

Telomere length and depression: prospective cohort study and Mendelian randomisation study in 67306 individuals
*Depression has been cross-sectionally associated with short telomeres as a measure of biological age. The authors examined whether short telomere length is associated with depression cross-sectionally as well as prospectively and genetically.*
Wium-Anderson M et al
BJPsych 210 (1) 31-38

Disorders
<table>
<thead>
<tr>
<th>Title</th>
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<td><em>Allopurinol as add-on treatment for mania symptoms in bipolar disorder: systematic review and meta-analysis of randomised controlled trials</em></td>
<td>Bartolli F et al</td>
<td>BJPsych 210 (1) 10-15</td>
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<td><em>Methylene blue treatment for residual symptoms of bipolar disorder: randomised crossover study</em></td>
<td>Alda M et al</td>
<td>BJPsych 210 (1) 54-60</td>
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**Drugs and Prescribing**

None this month

**Learning Disabilities**

**The 4C framework for making reasonable adjustments for people with learning disabilities**

People with learning disabilities experience significant inequalities in accessing healthcare. Legal frameworks, such as the Equality Act 2010, are intended to reduce such disparities in care, and require organisations to make ‘reasonable adjustments’ for people with disabilities, including learning disabilities.

Marsden, D and Giles, R

Nursing Standard 31 (21) 45-53

**LGBTQ+**

None this month

**Miscellaneous**

**The evidence-practice gap in specialist mental healthcare: systematic review and meta-analysis of guideline implementation studies**

Clinical practice guidelines are not easily implemented, leading to a gap between research synthesis and their use in routine care. The conclusion is that guideline implementation does not seem to have an impact on provider performance, nonetheless it may influence...
**Patient outcomes positively.**
Girlanfa F et al
BJPsych 210 (1) 24-30

**A model to empower patients and their families in mental health care**

*In this article...*

- *Why mental health services need to place patients and their families at the centre of care.*

Martin, F
Nursing Times 113 (2) 58

**Authorisation for deprivation of liberty when receiving treatment for a mental disorder in hospital**

Griffith R
BJN 26 (3) 182-183

**Professional**

None this month

**Schizophrenia**

**Changes in extra-striatal functional connectivity in patients with schizophrenia in a psychotic episode**

*In patients with schizophrenia in a psychotic episode, intra-striatal intrinsic connectivity is increased in the putamen but not ventral striatum.*

Peters H et al
BJPsych 210 (1) 75-82

**How cognitive behavioural therapy can help in the treatment of schizophrenia**

*Today, alongside antipsychotic medications, the National Institute for Health and Care Excellence recommends the use of cognitive behavioural therapy for people who experience schizophrenia. However, only about 10% of service users receive CBT.*

Croft, H
Nursing Times 113 (2) 37-40

**Self-harm and Suicide**

**Exposure to suicidal behaviors: A common suicide risk factor or a personal negative**
life event?

*Exposures to suicidal behaviors (ESB), from family and friend suicide attempts and completions, were tested for validity as a suicidal risk factor and also for measurement and construct adequacy.*

Harris, K et al
International Journal of Social Psychiatry 63 (1) 70-77

**Therapies**

None this month

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