Adult Mental Health Current Awareness Bulletin

This bulletin provides you with details of the latest evidence, news, key research and developments in adult mental health.

March 2016

Working with Time To Change to build on positive practice in mental health services, NHS England

A new training pack has been launched to help reduce the stigma and discrimination sometimes experienced by people when using mental health services. NHS England has worked with Time To Change, England’s biggest programme to challenge mental health stigma and discrimination, to develop and fund a project which aims to better understand the dynamics of relationships between people who use services and NHS professionals.

Transition from children’s to adults’ services for young people using health or social care services, NICE guidance

This guideline covers the period before, during and after a young person moves from children’s to adults’ services. It aims to help young people and their carers have a better experience of transition by improving the way it’s planned and carried out. It covers both health and social care and is for health and social care practitioners in children’s and adult health, mental health and social care services.

Bringing together physical and mental health: A new frontier for integrated care, King’s Fund

This report published by The King’s Fund explores the integration of physical and mental health care. It provides service users’ perspectives on what integrated care would look like and highlights ten areas that offer some of the biggest opportunities for improving quality and controlling costs. Commissioners and providers can use these ten areas as a guide to identify where some of the most significant opportunities for quality improvement and cost control lie.

Key facts and trends in mental health: 2016 update, NHS Confederation

The Mental Health Network (MHN) has published the fourth edition of our factsheet on key statistics and trends in mental health. We have updated the 2014 factsheet, reflecting new figures, statistics and resources, giving an overview of the major trends and challenges facing mental health services.

Guidance for reporting against access and waiting time standards: Children and Young People with an Eating Disorder and Early Intervention in Psychosis, NHS England

This document aims to explain how the indicators for the referral to treatment waiting time elements of the two standards are constructed and confirms the data that will need to be submitted as part of the new Mental Health Services Data Set (MHSDS) to measure progress and inform future development. For the EIP standard, the standard construction and definitions also apply to the aggregated, interim data collection on referral to treatment waiting times via the Unify system, which will be collected from January 2016.

Service user involvement in mental health care planning, The Mental Elf

The reviewer concludes that this is a good, interesting paper with a new framework for looking at service user involvement in care planning, with practical suggestions for making the care plan more useful to service users.
Published Articles

Please ask the library to obtain the following articles for you. Email library.pilgrim@ulh.nhs.uk.

Health promotion coaching for obese individuals with serious mental illnesses produces clinically significant reductions in cardiovascular risks up to 18 months, Evidence-based Mental Health 19 (1)

Evidence for effective interventions to reduce mental-health-related stigma and discrimination, Lancet 387 (10023)

Embedding telephone therapy in statutory mental health services: a qualitative, theory-driven analysis, BMC Psychiatry March 2016

An integrative review exploring decision-making factors influencing mental health nurses in the use of restraint, Journal of Psychiatric and Mental Health Nursing 23 (2)

Suicide in perinatal and non-perinatal women in contact with psychiatric services: 15 year findings from a UK national inquiry, Lancet Psychiatry 3 (3)

In-patient rehabilitation: clinical outcomes and cost implications, BJPsych Bulletin 40 (1)

Patient experience of negative effects of psychological treatment: results of a national survey, British Journal of Psychiatry 208 (3)

Books

The following books are available in adult mental health.

E-books can be accessed using your LPFT Athens username and password. If you do not have one, please self-register. Simply click on the title of the book you wish to read and click on the link next to Electronic book - click for access.

For print books, you will need to reserve the book with your Reader Code and PIN. Simply click on the title of the book you wish to borrow and press the Reserve button.

The books will be sent to your work address if you are on Lincolnshire NHS’ transport network. If you do not have a Reader Code and PIN ask the library to resend them. If you have not already done so, you will be asked to register your details with the library.

Library Services

Mental Health Subject Collection (http://www.hello.nhs.uk/subcol_mentalhealth.asp): your stop for best-practice, news and library services relevant to mental health, including eJournals and eBooks.

**Journal Article Requests** ([http://www.hello.nhs.uk/journal_articles.asp](http://www.hello.nhs.uk/journal_articles.asp)): we’ll find any article you need for whatever reason, fast.

**Literature Searches** ([http://www.hello.nhs.uk/literature_search.asp](http://www.hello.nhs.uk/literature_search.asp)): we’ll search for relevant evidence and research for any topic, no matter how specific.

**Tailored Current Awareness Alerts** ([http://www.hello.nhs.uk/tailored_alerts.asp](http://www.hello.nhs.uk/tailored_alerts.asp)): working on a particular project, developing an aspect of a service, or are just interested in a specific subject? The library will email you with an update each month, or more often/less often as required.

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