This bulletin provides you with details of the latest evidence and key research on this topic. Find it and other bulletins at http://www.hello.nhs.uk/fy_bulletins.asp.

ULHT Guidelines, Procedures and Protocols

UpToDate - a point of care tool which summarises the evidence for busy clinicians. Includes aetiology, prevention, diagnosis, treatment, complications and prognosis. You will need to register on a Trust PC, after which you may login from this link and any other device.

Log in and then search for headache

Guidance

- Headaches in over 12s: diagnosis and management - guidance (CG150), NICE, 2012
- Headaches, NICE Pathways, 2013
- Headache - assessment, Clinical Knowledge Summaries, 2013
- Headache: sudden onset, severe; subarachnoid haemorrhage, Royal College of Radiologists, 2012
- Headaches: Diagnosis and management of headaches in young people and adults, NICE, 2012

Evidence-Reviews

- Should intranasal lidocaine be used in patients with acute cluster headache?, BestBETs, 2013
- Steroids for preventing recurrence of acute severe migraine headaches: a meta-analysis, Database of Abstracts of Reviews of Effects, 2013

Recent Key Primary Research

- Mediator Variables in Headache Research: Methodological Critique and Exemplar Using Self-Efficacy as a Mediator of the Relationship Between Headache Severity and Disability, Headache, 2015
- Prophylactic botulinum toxin A reduces frequency of chronic migraine headaches in adults, Annals of Internal Medicine, 2015
- Acute and preventive pharmacologic treatment of cluster headache, Neurology, 2010

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